

Weekend Mornings Clocks

Saturday and Sunday - EST or EDT when applicable

0900 to 1300	Cmd	Description	Satellite 102
:00:00	-	LOCAL News Theme window	
:00:07	-	News – refer to the separate news schedule for relevant commands	
:07:00	-	Show starts/resumes on theme	
:20:00	1	LOCAL 3:50 commercial break window	
:30:00	1	LOCAL 3:40 commercial break window	
:40:00	1	LOCAL 3:50 commercial break window	
:50:00	1	LOCAL 3:10 commercial break window	
:59:50	4	LOCAL 0:05 news credit	

We recommend scheduling one additional break in each hour; reset breaks at top of hour.